

RULE 111 : LOCAL/ROAD SWITCHER MEAL

CLAIM BASIC DAY

On **mm/dd/yyyy** I was assigned to the **CIRC7** called on the **Train-ID** at **00:00** to take the train from **CIRC7** to **CIRC7**. After departing **00:00 CIRC7** I requested a meal at a En route **CIRC7** between terminals providing sufficient advance notice to dispatcher. I was denied my meal by the train Dispatcher **name**. I am claiming a basic day per rule 111.

Remember to document everything that happens on your Federal Tie Up Screen. You have 60 days from the time the claim happened to get it put in but only one chance to do your FRA Reporting correctly. So do the FRA Reporting and ask about the claim if you are not sure.